

**ZONE 7 REPORT - FALL 2015***Submitted by: Gregg Brace - DeWitt High School*

## CAAC Division Champions

Blue Division:

St. Johns - Kim Brewbaker

Red Division:

Williamston-Lansing Christian- Bob Oliver

## MHSAA Championships

## Division II

Okemos 14th

| Event               | Name              | Grade | Place | Time     |
|---------------------|-------------------|-------|-------|----------|
| 1 Meter Diving (11) | Alexis Alvarado   | 12    | 15    | 330.95   |
| 100 Butterfly       | Freyja Garbaccio  | 11    | 4     | 00:56.74 |
| 100 Backstroke      | Freyja Garbaccio  | 11    | 9     | 00:57.71 |
| 400 Freestyle Relay |                   |       | 11    | 03:40.68 |
|                     | Freyja Garbaccio  | 11    |       | 00:54.11 |
|                     | Sarah Williams    | 11    |       | 00:53.96 |
|                     | Isabella Morris   | 11    |       | 00:57.31 |
|                     | Jennifer Przybylo | 11    |       | 00:55.30 |

St. Johns 20th

| Event                 | Name             | Grade | Place | Time     |
|-----------------------|------------------|-------|-------|----------|
| 200 Individual Medley | Rachel Ely       | 11    | 15    | 02:12.34 |
| 100 Butterfly         | Catherine Voisin | 12    | 10    | 00:58.41 |
| 500 Freestyle         | Rachel Ely       | 11    | 13    | 05:12.31 |
| 200 Freestyle Relay   |                  |       | 14    | 01:41.62 |
|                       | Catherine Voisin | 12    |       | 00:25.93 |
|                       | Kayla Bellant    | 12    |       | 00:25.52 |
|                       | Emma Schaefer    | 11    |       | 00:25.62 |
|                       | Rachel Ely       | 11    |       | 00:24.55 |

Waverly-Lansing Catholic 26th

| Event        | Name           | Grade | Place | Time     |
|--------------|----------------|-------|-------|----------|
| 50 Freestyle | Rita El Jbeily | 10    | 13    | 00:24.78 |

East Lansing 29th

| Event               | Name          | Grade | Place | Time   |
|---------------------|---------------|-------|-------|--------|
| 1 Meter Diving (11) | Mary Phillips | 9     | 14    | 356.75 |

## Division III

Williamston-Lansing Christian 20th

| Event               | Name             | Grade | Place | Time     |
|---------------------|------------------|-------|-------|----------|
| 50 Freestyle        | Allie Heineman   | 12    | 5     | 00:25.13 |
| 1 Meter Diving (11) | Natalie Crandell | 11    | 15    | 300.30   |
| 100 Freestyle       | Allie Heineman   | 12    | 5     | 00:54.88 |

DeWitt 35th

| Event         | Name          | Grade | Place | Time     |
|---------------|---------------|-------|-------|----------|
| 200 Freestyle | Sydney Shipps | 10    | 11    | 02:01.24 |
| 500 Freestyle | Sydney Shipps | 10    | 13    | 05:28.47 |



## M.I.S.C.A Zone 7 All - Zone Team 2015

**Swimmer of the Year:** Freyja Garbaccio (11) – Okemos

### **All-Area Swim Team**

Freyja Garbaccio (11) - Okemos  
Rachel Ely (11) - St. Johns  
Rita El Jbeily (10) - Waverly  
Allie Heineman (12) - Williamston  
Sarah Williams (11) - Okemos  
Catherine Voisin (12) - St. Johns  
Kyndall Lovette (12) - Holt  
Anna Clark (10) - Jackson  
Abigail Ford (9) - Grand Ledge  
Katie Thomas (11) - Grand Ledge  
Taylor Kehren (12) - Grand Ledge  
Evelyn Vandemark (10) - Alma  
Emma Schaefer (11) - St. Johns  
Sydney Shipps (10) – DeWitt

**Diver of the Year:** Mary Phillips (9) – East Lansing

### **All Area Dive Team**

Mary Phillips (9) - East Lansing  
Sarah Stine (12) - DeWitt  
Alexis Alvarado (12) - Okemos  
Natalie Crandell (11) – Williamston

**Coach of the Year:** Ian Townsend – Grand Ledge

**Diving Coach of the Year:** Tom Kuhlman - East Lansing

### **Second Team**

Jennifer Przybylo (11) - Okemos, Madelyn Irelan (12) - Owosso, Kiana Namvansy (11) - Mason, Kayla Bellant (12) - St. Johns, Emily Bullinger (12) - Jackson, Lisette Fenneuff (9) - DeWitt, Emma Cornell (10) - Grand Ledge, Amiya Harris (10) - Grand Ledge, Sarah Clark (9) - Jackson, Alexis Lefevre (11) - Holt, Ingrid Petersen (10) - Holt, Amber Cousineau (11) - St. Johns, Anna Vostrizansky (11) - DeWitt, Sydney Bishop (12) - Jackson, Kelsie Hasse (12) - Williamston, Callie Labar (11) - St. Johns, Alexis Everett (11) - Grand Ledge, Divers: Amelia Kach (11) - Haslett, Eve Petrie (10) - East Lansing, Hanna Keller (11) – Mason, Coach: Bob Oliver – Williamston, Diving Coach: Mike Wagner - Okemos

### **Honorable Mention**

Alissa Adams (11) - Alma, Anna Alegi (9) - Okemos, Tess Burnash (10) - St. Johns, Meghan Butterfield (11) - Jackson, Katrina Elzinga (11) - DeWitt, Megan Fulton (10) - Haslett, Emma Grace (10) - Jackson, Ashley Grant (11) - Mason, Kaylin Gray (11) - DeWitt, Mallory Irelan (10) - Owosso, Jessica Jacobs (10) - Holt, Grace Jansen (12) - Waverly, Valentina Larrivey (12) - Owosso, Mara Logan (9) - East Lansing, Cameron Magee (9) - Holt, Kelsey Marsh (12) - Holt, Erin Martin (11) - Jackson, Isabella Morris (11) - Okemos, Autumn Petrick (11) - St. Johns, Heather Poland (9) - Okemos, Victoria Powe (10) - DeWitt, Catherine Schertzing (12) - East Lansing, Brooke Spitzley (11) - DeWitt, Kiersten Stoddard (9) - Jackson, Madison Wheeler (9) - Holt, Elizabeth Wood (12) - Grand Ledge, Lindsey Wood (11) - Ionia, Megan Deal (11) - Williamston, Rachel Bennick (12) - Holt, Sarah Anderson (10) - Okemos, Ryann Quillinan (11) - Okemos, Taylor Quillinan (11) – Okemos, Coach: Mike Holtz – Jackson, Diving Coach: Cole Hughes - Mason, Kristin Nelson - Holt, Andy Riemann - Jackson