

MISCA

Zone 5 Girls Season Report

Zone 5 Coach of the Year: Thomas Parks Rockford

Zone 5 Swimmer of the Year: Sydney McDowell Rockford

Zone 5 Diver of the Year: Gracyn Segard Grandville

Conference Champions:

Ottawa-Kent Red:	Rockford High School-Coach Tom Parks
Ottawa-Kent Greater Grand Rapids:	East Grand Rapids High School-Coach Butch Briggs
Ottawa-Kent Green:	Holland Christian High School-Coach Ben Herman
Ottawa-Kent Rainbow:	Caledonia/South Christian/Lowell-Coach Stephanie Huyser
Coastal Conference:	

Top 15 State Team Finishes:

Division 1:

Rockford- 1st Place
West Ottawa - 6th Place
Hudsonville - 11th Place
Grand Haven - 15th Place

Division 2:

Forest Hills Central - 3rd
Byron Center - 6th
Holland - 10th

Division 3:

East Grand Rapids - 1st
Holland Christian - 3rd
Grand Rapids Catholic Central - 4th
Spring Lake - 8th
Grand Rapids Christian - 9th
Grandville Calvin Christian - 10th

Individual and Relay State Champions:

Division 1:

200 Yard Freestyle Relay Rockford High School 1:34.37

Hunter Ignasiak, Sydney McDowell, Meegan Snyman, Peyton Reyburn

100 Yard Breaststroke Sydney McDowell (Rockford) 1:01.94

Division 2:

200 Yard Individual Medley Vicki Postmus(Byron Center) 2:05.40

Diving Anna Hansen (Forest Hills Central) 428.25

100 Yard Butterfly Felicity Buchmaier (Forest Hills Central) 54.04

100 Yard Backstroke Felicity Buchmaier (Forest Hills Central) 55.30

Division 3:

200 Yard Medley Relay East Grand Rapids High School 1:44.97

Sydney Higgins, Ilea Doctor, Emma Rao, Laura Levine

50 Yard Freestyle Ilea Doctor(East Grand Rapids) 22.72

100 Yard Freestyle Gabby Higgins (East Grand Rapids) 50.70

200 Yard Freestyle Relay East Grand Rapids High School 1:33.89

Ilea Doctor, Lexus VanHoven, Hanna Sanford, Gabby Higgins

100 Yard Backstroke Sydney Higgins (East Grand Rapids) 56.57

100 Yard Breaststroke Ilea Doctor (East Grand Rapids) 1:02.60

