

## Zone 1 Coach of the Year: John Fodell – Grosse Pointe South

### MAC Red:

- League Meet/Dual Meet Champion: Grosse Pointe South
- Sportsmanship: Chippewa Valley
- Coach of the Year: John Fodell – Grosse Pointe South
- Swimmer of the Meet: Renee Lui – Grosse Pointe South

### MAC White:

- League Meet/Dual Meet Champion: Dakota High School
- Sportsmanship: L'Anse Cruese North High School
- Coach of the Year: Dave Nowinski - Fraser
- Swimmer of the Meet: Makayla Happell - Dakota

### MAC Blue:

- League Meet/Dual Meet Champion: Utica High School
- Sportsmanship: Marine City High School
- Coach of the Year: Joe Michol - Utica High School
- Swimmer of the Meet: Elly Belmore – Lakeview High School

### MAC Gold:

- League Meet/Dual Meet Champion: Stevenson
- Sportsmanship:
- Coach of the Year: Robert Couck – Lake Shore High School
- Swimmer of the Meet: Justice Glasgow

### MAC Silver:

- League Meet/Dual Meet Champion: Sterling Heights High School
- Sportsmanship: Centerline High School
- Coach of the Year: John Foradori – Sterling Heights High School
- Swimmer of the Meet: Heather Winn – Center Line

### Zone 1 Highlights:

- Grosse Pointe South finishes 3<sup>rd</sup> @ the D2 MHSAA Final Meet
- Four D1 schools score @ State Finals
  - Utica Eisenhower; Macomb Dakota; Anchor Bay and Macomb L'Anse Cruese North
- Four D2 schools score @ State Fianls
  - Grosse Pointe South (3<sup>rd</sup>!); Saint Clair Shores Lakeview; Warren Woods Tower and Fraser
- Three D3 schools score @ D3 State Finals
  - Saint Clair High School; Warren Regina; Marine City